

August 11, 2009

Dear St. Andrew's Episcopal School Parents,

I hope that by now you have received my summer update letter dated August 5. In it, I detailed the many exciting developments at St. Andrew's over the summer, including the introduction of our new lunch program with Lakeview Deli and Catering.

Lakeview Deli & Catering has established a track record of providing high-quality and high-value meals to students at several area independent schools. The finest testament to Lakeview's performance is that in just over three months of serving meals at Trinity Episcopal School, the number of students opting to participate in the program jumped from thirty to over 200.

Steve Seeber, the owner of Lakeview Deli & Catering, will provide fresh fruit and vegetables daily with all meals. There will be both a hot and cold lunch selection for the children. Rather than deliver pre-prepared food to the School in wasteful styrofoam containers, Mr. Seeber is working with St. Andrew's to prepare meals fresh in our Parish Hall kitchen each morning. We are confident that this will result in a superior lunch experience for our students.

There are two attachments to this message. The first, titled "Lunch Plan", explains the sign-up procedures and cost details for the Lakeview program. If you are interested in participating in the new program, please print the "Lunch Plan" form, complete and sign it, and return it along with your check payable to St. Andrew's School by August 18. The second attachment is the actual lunch menu for the first three months of school.

The average cost per lunch is approximately \$5. There is a slight discount for purchasing the full-year plan as opposed to selecting the 30-meal plan. As part of the new lunch program, St. Andrew's is making necessary kitchen upgrades such as purchasing re-usable lunch trays and leasing new kitchen equipment, including a new commercial dishwasher and refrigerator.

I hope you will join me in supporting this new program. If you have any questions, please contact René Polacheck, our new Business Manager, who will be overseeing the program.

Yours,

Mason Lecky
Head of School



LUNCH PLAN

Lakeview Deli & Catering

1. FULL YEAR LUNCH CARD...\$910.00
2. SEMESTER LUNCH CARD...\$464.00
3. 30 MEAL LUNCH CARD.....\$153.00

LUNCH CARD ORDER FORM:

1. FULL YEAR CARD
2. SEMESTER CARD (6 months) or
3. 30 MEAL LUNCH CARD

(CHECK ONE)

All cards provide lunch, desert and beverage

(NAME & GRADE)

ADDRESS & PHONE

SIGNATURE (of parent or guardian)

PLEASE COMPLETE THIS FORM AND RETURN ALONG WITH YOUR CHECK
PAYABLE TO ST ANDREW'S EPISCOPAL SCHOOL

August 2009

Salad bar includes mixed greens, tomatoes, carrots, broccoli, cucumbers, cauliflower, onions, fresh seasonal fruit, artichoke hearts, three-bean salad, cheese, croutons, choice of dressings, and chicken, shrimp, or tuna salad.

Daily lunch includes entrée choice, side dishes, salad bar, and choice of milk. Daily side dishes include freshly prepared vegetables and dessert.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19 <i>No Lunch</i> <i>(Early Dismissal)</i>	20 <i>Chicken Fried Rice with Eggroll</i> <i>OR</i> <i>Grilled Cheese Sandwich</i>	21 <i>Gumbo with Rice and French Bread</i> <i>OR</i> <i>Pizza Choice</i>	22
23	24 <i>Hot Dog with Fries</i> <i>OR</i> <i>Bacon, Lettuce, and Tomato Sandwich</i>	25 <i>Chicken and Sausage Jambalaya</i> <i>OR</i> <i>Turkey Pita</i>	26 <i>Vegetable Lasagna with White Sauce</i> <i>OR</i> <i>Roast Beef Sandwich</i>	27 <i>Salisbury Steak with Mashed Potatoes</i> <i>OR</i> <i>Shrimp Salad Croissant</i>	28 <i>Cheese & Pepperoni pizza</i> <i>Or</i> <i>Turkey wrap</i>	29
30	31 <i>Beef and Vegetable Stir Fry with Rice</i> <i>OR</i> <i>Ham and Cheese Sandwich</i>					

September 2009

Salad bar includes mixed greens, tomatoes, carrots, broccoli, cucumbers, cauliflower, onions, fresh seasonal fruit, artichoke hearts, three-bean salad, cheese, croutons, choice of dressings, and chicken, shrimp, or tuna salad.

Daily lunch includes entrée choice, side dishes, salad bar, and choice of milk. Daily side dishes include freshly prepared vegetables and dessert.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 <i>Chicken Tenders with Mac and Cheese</i></p> <p>OR</p> <p><i>California Rolls</i></p>	<p>2 <i>Hamburger with Fries</i></p> <p>OR</p> <p><i>Tuna Salad Sandwich</i></p>	<p>3 <i>Spaghetti with Meat Sauce</i></p> <p>OR</p> <p><i>Grilled Chicken Sandwich</i></p>	<p>4 <i>No School</i></p>	<p>5</p>
<p>6</p>	<p>7 <i>LABOR DAY</i></p>	<p>8 <i>Broiled Catfish with New Potatoes</i></p> <p>OR</p> <p><i>Turkey and Cheese Sandwich</i></p>	<p>9 <i>Veal Parmesan with Pasta</i></p> <p>OR</p> <p><i>Submarine Sandwich</i></p>	<p>10 <i>BBQ Pork on Bun with Potato Salad</i></p> <p>OR</p> <p><i>Grilled Cheese Sandwich</i></p>	<p>11 <i>Chicken Fajita with Mexican Rice</i></p> <p>OR</p> <p><i>Pizza Choice</i></p>	<p>12</p>
<p>13</p>	<p>14 <i>Chicken Fried Rice with Eggroll</i></p> <p>OR</p> <p><i>Ham and Cheese Sandwich</i></p>	<p>15 <i>Hot Dog with Fries</i></p> <p>OR</p> <p><i>Chicken Salad Croissant</i></p>	<p>16 <i>Pasta Primavera</i></p> <p>OR</p> <p><i>Turkey Pita</i></p>	<p>17 <i>Lasagna with Meat Sauce</i></p> <p>OR</p> <p><i>Roast Beef Sandwich</i></p>	<p>18 <i>Turkey and Gravy with Mashed Potatoes</i></p> <p>OR</p> <p><i>Pizza Choice</i></p>	<p>19</p>
<p>20</p>	<p>21 <i>No School</i></p>	<p>22 <i>Fried Catfish with Seasoned Rice</i></p> <p>OR</p> <p><i>Grilled Cheese Sandwich</i></p>	<p>23 <i>Sloppy Joe with Fries</i></p> <p>OR</p> <p><i>Turkey and Cheese Sandwich</i></p>	<p>24 <i>Baked Chicken with Potatoes</i></p> <p>OR</p> <p><i>Ham and Cheese Sandwich</i></p>	<p>25 <i>Shepherd's Pie</i></p> <p>OR</p> <p><i>Pizza Choice</i></p>	<p>26</p>
<p>27</p>	<p>28 <i>Chicken Quesadilla with Mexican Rice</i></p> <p>OR</p> <p><i>Shrimp Salad Croissant</i></p>	<p>29 <i>Beef and Vegetable Stir Fry with Rice</i></p> <p>OR</p> <p><i>Turkey Pita</i></p>	<p>30 <i>Chicken Tenders with Mac and Cheese</i></p> <p>OR</p> <p><i>Bacon, Lettuce, and Tomato Sandwich</i></p>			

October 2009

Salad bar includes mixed greens, tomatoes, carrots, broccoli, cucumbers, cauliflower, onions, fresh seasonal fruit, artichoke hearts, three-bean salad, cheese, croutons, choice of dressings, and chicken, shrimp, or tuna salad.

Daily lunch includes entrée choice, side dishes, salad bar, and choice of milk. Daily side dishes include freshly prepared vegetables and dessert.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p><i>1</i> Turkey Burger with Fries</p> <p>OR</p> <p>Chicken Salad Sandwich</p>	<p><i>2</i> Brunch for Lunch</p> <p>OR</p> <p>Pizza Choice</p>	<p><i>3</i></p>
<p><i>4</i></p>	<p><i>5</i> Spaghetti with Meat Sauce</p> <p>OR</p> <p>Egg Salad Sandwich</p>	<p><i>6</i> Seafood Gumbo with Rice and French Bread</p> <p>OR</p> <p>Ham and Cheese Sandwich</p>	<p><i>7</i> Hot Dog with Fries</p> <p>OR</p> <p>California Rolls</p>	<p><i>8</i> Chicken Pot Pie</p> <p>OR</p> <p>Grilled Cheese Sandwich</p>	<p><i>9</i> Crab Cakes with New Potatoes</p> <p>OR</p> <p>Pizza Choice</p>	<p><i>10</i></p>
<p><i>11</i></p>	<p><i>12</i> Red Beans & rice</p> <p>Or</p> <p>Turkey & swiss</p>	<p><i>13</i> Sloppy Joes, Fries & baked beans</p>	<p><i>14</i> Egg Rolls & Chicken fried rice</p> <p>Or</p> <p>Roast beef</p>	<p><i>15</i> Lasagna</p> <p>Or</p> <p>Smoked turkey sandwiches</p>	<p><i>16</i> Cheese & pepperoni pizza</p> <p>Or</p> <p>Grilled cheese sandwiches</p>	<p><i>17</i></p>
<p><i>18</i></p>	<p><i>19</i> Chicken Tenders with Mac and Cheese</p> <p>OR</p> <p>Shrimp Salad Croissant</p>	<p><i>20</i> Pork Roast with Sweet Potatoes</p> <p>OR</p> <p>Turkey and Cheese Sandwich</p>	<p><i>21</i> Hamburger with Fries</p> <p>OR</p> <p>Bacon, Lettuce, and Tomato Sandwich</p>	<p><i>22</i> Baked Chicken Parmesan with Pasta</p> <p>OR</p> <p>Sliders</p>	<p><i>23</i> No School</p>	<p><i>24</i></p>
<p><i>25</i></p>	<p><i>26</i> Soft beef tacos, mexican rice,</p> <p>Or</p> <p>Hamm & Cheese</p>	<p><i>27</i> BBQ pulled pork sandwiches, fries,</p>	<p><i>28</i> Fried Catfish & pasta</p> <p>Or</p> <p>Hot dogs & chili</p>	<p><i>29</i> Sack Lunch</p> <p>(Provided by Lakeview Catering if enrolled)</p>	<p><i>30</i> Cheese & Pepperoni pizza</p> <p>Or</p> <p>Grilled cheese soup</p>	<p><i>31</i></p>